

C.I.T 1 Information

Skills Needed for a C.I.T (Counselor-in-Training)

A C.I.T....

- A C.I.T. 1 is entering grades 10-12.
- Loves working with kids.
- Can handle daily camp life for a week.
- Can take direction from counselors, unit leaders, and administration staff.
- Can live in a cabin or tent with other teenage girls with different schedules.
- Has an interest in becoming a future camp staff member.
- Can act responsibly under minimal supervision.
- Can remain healthy under the high temperatures of a Texas summer.
- Can maintain a happy and fun outlook of all activities.

Responsibilities include the following:

- Waking up on your own.
- Working with your assigned counselors and unit leader for the week, and participating in all daily activities.
- Helping campers with daily activities by taking a leadership role.
- Assisting with daytime supervision of campers while participating in activities.
- Assisting your assigned unit members with the daily cleaning responsibilities as asked.
- Attending all camp events that occur in the evenings.
- Keeping an upbeat attitude at all times.
- Adhering by the Girl Scout Promise and Law

A Day in the Life of a C.I.T.

You'll begin your day with a walk to breakfast with everyone from the unit you are sleeping in. After breakfast, you will meet up with the unit you've been assigned and stay with them assisting with activities until it is lunch time.

After lunch, you'll head back with the girls in your sleeping unit for turtle time. At 1:50 p.m., you will be back in your assigned unit to assist with afternoon activities. From 1:50 p.m. until dinner you will assist with scheduled activities and help with supervision of the girls to the dining hall. You will stay with your assigned unit during evening activities until shower time. You will then go back to your sleeping unit for the rest of the evening.

On cookout night, you will stay with and assist your assigned unit at their/your cookout until clean-up is finished and the girls are ready to shower. You do NOT have girl shower duty. This is your time to go back to your unit and interact with the girls in your cabin/tent.

As a C.I.T., you'll have the opportunity to visit trading post, swim, and participate in other camp activities (such as horseback riding at Camp Bette Perot or kayaking at Camp Gambill or Camp Rocky Point), if you would like, when your assigned unit goes to these activities.

On Friday, you'll spend from breakfast until lunch with your assigned unit assisting the girls with packing, cleaning, morning activities, etc. After lunch, you will pack and clean your sleeping quarters and stay with your sleeping unit until departure.

Remember, even though you are assisting staff, you are still a camper and cell phones/ computers/ iPod's and/or other similar items are **NOT** allowed at camp.

**Please note that the times and days are subject to change as plans for each session are finalized by camp staff. Each week poses different sessions and activities; this schedule is just what is *typically* done each week.

C.I.T. 1 session dates for 2019

ALL C.I.T.s will attend a week of training at Camp Rocky Point June 16-21 and sign up to attend one additional week to practice the skills you have learned. The cost of the training week is \$470 and the cost of each additional CIT week is \$235.

Camp Bette Perot:

June 23-28
July 7-12
July 14-19
July 21-26

Camp Rocky Point:

June 23-28

Camp Gambill:

July 7-12
July 14-19
July 21-26

You will be notified which additional week you are selected for. Remember all summer camp registration is first come, first served, so the sooner you get your paperwork in the better chance you have of getting the session you want. After approval and session assignment, you will be notified and sent a camp registration form. Registration for the additional CIT weeks cannot be done online, even after approval.

2019 Counselor-in-Training Form

Please fill out and return this form to:
camp@gsnetx.org
or by mail to:
Attn: C.I.T. 1 Program
Director of Outdoor Leadership Experience
6001 Summerside Drive
Dallas, Texas 75252

*Please Note: You may register for your additional C.I.T. Session only after notification of approval.
(Online registration is not available)*

Name: _____ Birthday: _____/_____/_____

Grade Level _____

Please rank the dates of your camp and session choices using the numbers 1, 2, and 3.

C.I.T. 1 Sessions

Camp Bette Perot:

_____ June 23-28
_____ July 7-12
_____ July 14-19
_____ July 21-26

Camp Rocky Point:

_____ June 23-28

Camp Gambill:

_____ July 7-12
_____ July 14-19
_____ July 21-26

Parent/ Guardian Name(s): _____

Mailing Address _____

Parent E-mail Address: _____

Applicant E-mail Address: _____

Home Phone: (_____) _____ Work or Cell Phone: (_____) _____

Have you been a C.I.T./ M.I.T./ W.I.T in the past? _____ yes _____ no

If yes, what was your camp name? _____

Describe what camping experience you have. Refer to the “Skills Needed for a C.I.T.” page for ideas about what would be good to include here.

How will you handle the demanding schedule of a C.I.T.? (Long hours, hot environment, lots of instructions given to you, early mornings, etc.)

Describe any experience you have working with or around children.

Why do you want to be a C.I.T. this summer?

I have read the skills needed for a C.I.T 1 and feel I am qualified to participate in this leadership program. I also understand that the Girl Scout Promise and Law is our code of conduct and I will be expected to follow this at all times while at camp. I understand C.I.T. training is a two week program. If these statements are not agreed with, a parent/ guardian must immediately contact GSNETX to request a transfer from the CIT training session.

Applicant’s signature _____

Parent’s signature _____

Date: _____