

Activity Challenge: Nature Scavenger Hunt

To Get Started:

1. Use your 5 senses to explore the outdoors
2. Find as many items as you can and check them off as you go
3. No need to rush! Try to focus on spending quality time appreciating nature
4. Be sure to leave plants and critters in their habitats
5. Reflect on your experience

Use your sense of sight to find:

- something blue
- something yellow
- something smaller than you
- something bigger than you
- something with a pattern



Use your sense of sound to find:

- something that snaps
- an animal sound
- something that crunches
- something loud
- something to make music with



Use your sense of touch to find:

- something bumpy
- something fluffy
- something prickly
- something smooth
- something dry
- something wet



Use your sense of smell to find:

- a flower with a scent
- a smell that you like



Use your sense of taste to find:

- something humans might eat
- something an animal would eat



Reflect:

- What did you like most about this scavenger hunt?
- Did you discover anything new?
- How did it feel to be outdoors?

Don't worry if some of your senses don't work as well as others. If a step isn't right for you, do more in another step.