



# Welcome to the Road to Global Travel



Thank you for joining us for this exciting global program for Junior and Cadette troops!

You'll build cross-cultural knowledge as you learn all about our global Girl Scout Movement and participate in fun, globally focused activities. You'll also learn about the five different locations you can visit, called the World Centers. We'll cover Girl Scouts' travel progression and how girls can take the lead to successfully plan their own travel.

Ultimately, your troop will set a goal to visit a World Association of Girl Guides and Girl Scouts (WAGGGS) World Center in three or four years! In the meantime, you'll plan one or two trips within the United States over the next two years, so you can start your travel adventures while building your travel savvy.

Planning for your trip will take five troop meetings.

**TIP:** You may also hold more meetings to allow yourself additional time for other meeting activities, or you could plan a weekend to hold all five meetings at once.

The meetings include:

- **Go Global!** Learn about our global Movement and WAGGGS.
- **Travel Tools!** Explore the Girl Scout travel progression and a cross-cultural skill.
- **Planning and Prep!** Discover what it takes to travel internationally and how to be prepared.
- **Activate Your Adventure!** Decide where to travel and start planning.  
**Travel Like a Girl Scout!** Learn how to travel like a Girl Scout and what the next steps are.

This workbook is for both girls and troop leaders; feel free to use it as your guide throughout the travel-planning process. Some activities in this workbook may be completed electronically if you don't want to print them out. Let's get started!



## **Meeting 1: Go Global!** Learn about our global Movement and the World Association of Girl Guides and Girl Scouts (WAGGGS).

### **Introduction**

Did you know that Girl Scouts are connected to millions of other girls around the world? Today you'll learn about our global Movement and WAGGGS. You'll also learn about the five World Centers—unique cultural hubs to visit around the world!

### **Icebreaker**

Ask each girl, "If you could visit anywhere in the world, where would it be?"

### **Materials Needed**

For this first meeting, you'll use pages 3, 4 and 6 of this workbook. Begin working on these pages today and finish up on your own before your next meeting: the WAGGGS and World Centers Scavenger Hunt and the World Centers Worksheet. You can fill in these pages electronically (save the trees!) or print them and grab a pen.

### **Step 1: Learn About WAGGGS**

Watch the WAGGGS overview video. Take a look at your WAGGGS and World Centers Scavenger Hunt (on the following two pages) as you watch. Our girl presenters may share some WAGGGS knowledge that can help you fill your sheet in. You don't have to finish everything now—you'll complete the rest at home before your next meeting.

Discuss: How much of the worksheet did you fill in today? What's one new fact that each person learned?

# WAGGGS & World Center Scavenger Hunt



1. WAGGGS is an acronym for \_\_\_\_\_  
\_\_\_\_\_

2. WAGGGS supports how many girls and young women worldwide? \_\_\_\_\_

3. WAGGGS is represented in how many countries? \_\_\_\_\_

4. What are the five WAGGGS regions?

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

5. Why is the GSUSA membership pin worn under the WAGGGS pin? \_\_\_\_\_  
\_\_\_\_\_



6. Name the five World Centers:

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

e. \_\_\_\_\_

7. Which World Center's name means "coming together"? What language does its name come from? And where is this World Center located?

a. World Center: \_\_\_\_\_

b. Language: \_\_\_\_\_

c. Location: \_\_\_\_\_

8. Which World Center's name means "to journey"? In what language? Where is this World Center located?

a. World Center: \_\_\_\_\_

b. Language: \_\_\_\_\_

c. Location: \_\_\_\_\_

9. Which World Center is located in London?

a. World Center name: \_\_\_\_\_

10. Which World Center is the oldest? What year was it founded, and where is it located?

a. World Center: \_\_\_\_\_

b. Year: \_\_\_\_\_

c. Location: \_\_\_\_\_

11. Which World Center is located near the "City of Eternal Spring," which has 365 days of sunshine, and what country is it located in?

a. World Center: \_\_\_\_\_

b. Location: \_\_\_\_\_

## Step 2: Learn to Sing “The World Song”

[Watch this video to learn the song](#)—then watch again to sing along!

Here are the lyrics for singing along:

### The World Song

Our way is clear as we march on,  
And see! Our flag on high,  
Is never furled throughout the world,  
For hope shall never die!  
We must unite for what is right,  
In friendship true and strong,  
Until the earth,  
In its rebirth,  
Shall sing our song!  
Shall sing our song!  
All those who loved the true and good,  
Whose promises were kept,  
With humble mind, whose acts were kind,  
whose honor never slept;  
These were the free!  
And we must be,  
Prepared like them to live,  
To give to all,  
Both great and small,  
All we can give  
All we can give



**TIP:** For some extra fun, create your own lyrics to “The World Song”! [Find out how on Girl Scouts at Home.](#)

## Step 3: Learn About the World Centers

Watch an introduction video about the World Centers. Be sure to grab your World Centers Worksheet on the next page to see how much you can fill in.

# World Centers Worksheet

Match the World Center name with its location and icon:

World Center	Location	Icon
Kusafiri	London, England	
Our Chalet	Moves throughout Africa	
Our Cabaña	Pune, India	
Pax Lodge	Adelboden, Switzerland	
Sangam	Cuernavaca, Mexico	

Something unique about each World Center:

Kusafiri: \_\_\_\_\_

Our Chalet: \_\_\_\_\_

Our Cabaña: \_\_\_\_\_

Pax Lodge: \_\_\_\_\_

Sangam: \_\_\_\_\_

I would like to visit this World Center: \_\_\_\_\_

Why: \_\_\_\_\_

\_\_\_\_\_

Discuss: Which World Center looks most interesting to you?

#### **Step 4: Wrapping It Up**

Discuss: What is one new thing you learned about WAGGGS and a World Center?

Homework: On your own, finish filling in your “World Centers Worksheet” and completing your “WAGGGS and World Center Scavenger Hunt.”

Learn about two World Centers by watching some of the videos below. Decide as a troop which two you will watch this week (feel free to watch more if you have time). Consider watching all of them eventually. Don't forget to keep an open mind—maybe try to learn about the World Centers you know the least about. To access the videos below, ask your parent or caregiver to register.

- [Kusafiri Tour and Program](#)
- [Sangam Tour and Program](#)
- [Our Cabaña Tour and Program](#)
- [Our Chalet Tour and Program](#)
- [Pax Lodge Tour and Program](#)

## **Meeting 2: Travel Tools!** Explore the Girl Scout travel progression and a cross-cultural skill.

### **Introduction**

During Meeting 2, you'll learn about the travel progression—how Girl Scouts build travel skills and experiences—from day trips all the way to international and independent travel.

### **Icebreaker**

After doing the homework from the first meeting and learning more about the World Centers, which World Center do you want to visit the most? Did you change your mind from the one you originally wanted to visit?

### **Materials Needed**

Use page 8 of this workbook to begin the Cultural Iceberg worksheet during this meeting, and finish up on your own at home before your next meeting. You can fill in this page electronically (save the trees!) or print it and grab a pen.

### **Step 1: Learn About the Travel Progression**

Watch our video about how travel progression works. The video has a quiz! Follow along and write down your answers.

Discuss as a troop:

- Where are you in the travel progression as an individual?
- Which of the below activities have you done together as a troop?
  - A local field trip in my neighborhood
  - An all-day trip that involved eating lunch while out and about
  - An overnight trip that was two days long
  - A regional trip a few hours from my home that was three to four days long

Figure out where your troop is on the travel progression. You should plan your next troop trip for one step up on the progression. You'll start planning this trip in Meeting 3!

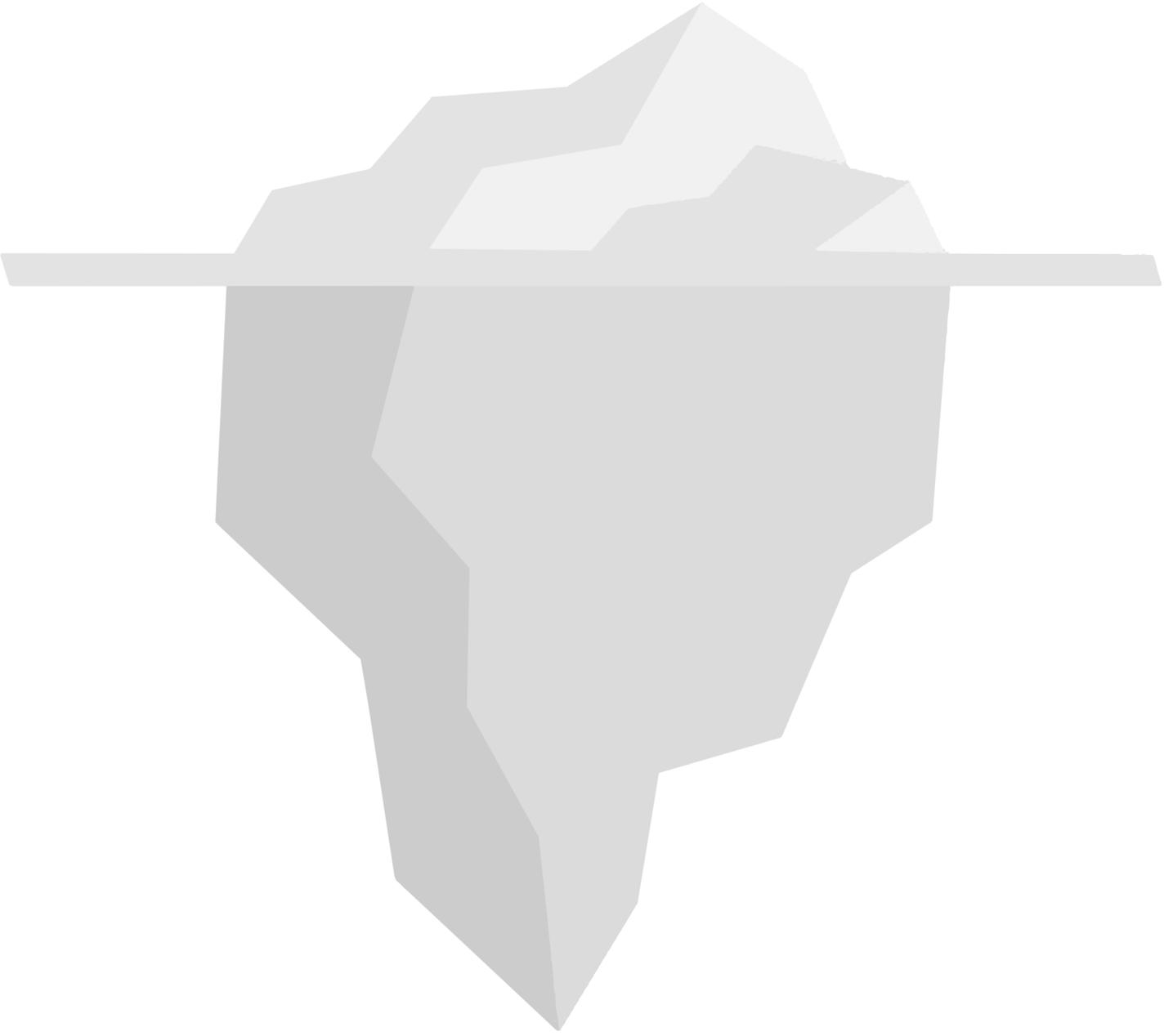
## **Step 2: Introduction to Cross-Cultural Skills**

Watch our video about culture. Grab your "Cultural Iceberg" worksheet on the next page and fill it in as you watch.

Discuss:

- What does culture mean to you?
- Share some takeaways from your Cultural Iceberg worksheet
- What aspects of culture—both visible culture and deep culture—are you excited to learn about when you travel?

## Session 2 Activity



**TIP:** If you didn't finish the iceberg activity during this meeting, complete it on your own before your next meeting.

### **Step 3: Wrapping It Up**

Discuss: What's one new thing you learned today?

Homework:

- Maps exploration—work in teams of two or three girls to complete the Maps Exploration activity, then bring your results to your next meeting.  
**TIP:** If your troop has already taken an overnight trip of three or more days in your region (within a six-hour drive from home) and you're ready to travel further, expand this activity to include all the United States.
- Complete the cultural questions on your own to start thinking about your own culture!

# Troop Activities

Do both activities below before Session 3.

## Activity #1: Maps Exploration

Go to [www.google.com/maps](http://www.google.com/maps).

Type in your zip code. Click “Directions” and then select either the car (“Driving”) or trolley (“Transit”) icon if you’re in one of 48 contiguous United States. If you’re not in the mainland U.S., click the plane (“Flights”) icon.

Juniors can travel in their region. Your “region” is defined by rules set by your local council, but it usually encompasses a roughly six-hour driving radius from your home.

First, see how far away you are from the top five biggest cities in the United States!

Type in the city names and states listed below.

How many driving hours away are each of these cities from your zip code? (You can round to the closest hour!)

New York City, New York: \_\_\_\_\_ hours away from my home

Los Angeles, California: \_\_\_\_\_ hours away from my home

Chicago, Illinois: \_\_\_\_\_ hours away from my home

Houston, Texas: \_\_\_\_\_ hours away from my home

Phoenix, Arizona: \_\_\_\_\_ hours away from my home

Next, time to explore! Use Google Maps to find three different cool or exciting places within a six-hour drive of your home.

What places did you find? How far away are these places from your home? Decide at least one thing you would like to do or see at each place.

## Activity #2: Cultural Questions

This activity will get you thinking about your own culture—on the bottom of the iceberg. Imagine these scenarios. Write down or think of either the best possible one-sentence response to each of the following. You can also use an example you know you’ve said before:

1. How would you give someone a compliment about the clothes they are wearing?
2. How would you apologize to a family member for hurting their feelings?
3. How would you explain to your teacher that you did not do a homework assignment?

Share these questions and your answers with a friend or family member! Did they like or not like the way you communicated each statement? Why or why not? Ask them how you could improve the statement to work better for them.

Pick one response that your friend or family member did not like as much. Try to improve your original statement by thinking about the way they like to be communicated with. Share the new statement with that person. Did they like or not like the new statement? Why or why not?

### Additional Resources

- [Girl Scout Guide to U.S. Travel](#)
- [Global Travel Toolkit](#)
- [Girl Scout Getaways](#) (trips for troops)
- [Girl Scout Destinations](#) (trips for independent Cadette, Senior, and Ambassador Girl Scouts)

## **Meeting 3: Planning and Prep!** What it takes to travel internationally and how to get there.



### **Introduction**

During Meeting 3, you'll start learning all about what it takes to travel internationally and how to make a decision about where to go.

### **Icebreaker**

Based on the maps exploration activity you did, discuss in small groups the three places you found and one new thing you'd like to do in each place.

### **Materials Needed**

Use pages 14 and 17-18 of this workbook. You'll also complete the Troop Travel Tracker (page 14) during this meeting and start work on the Trip Planning Map (page 17-18), which you'll work on in depth during your next meeting. You can fill in these pages electronically (save the trees!) or print them and grab a pen.

### **Step 1: Where Is Your Troop in the Travel Progression?**

Watch our video about tracking your troop's travels.

Discuss: Work as a troop to complete the Troop Travel Tracker. One person should keep the master copy and fill in all the trips you've already taken in pen. (Later on you'll put your future travel plans in pencil.)

## Travel Progression

Progression allows girls to learn the skills they need to become competent travelers, including how to plan and organize trips. Travel fun can be endless when girls lead.



### Local Field Trips

Get your travel feet wet! Walk to a nearby garden, or take a short ride to a firehouse or other local spot.

**Keep it girl-led:** girls choose the location.

### Day Trips

Take an all-day trip!

**Keep it girl-led:** girls choose the location and activity (perhaps working toward a badge) and make plans for lunch.

### Overnights

Start with one night, maybe at a camp or museum. Progress to a weekend trip in a nearby city or state park.

**Keep it girl-led:** girls plan the activity and meals, create travel games, and pack their own overnight bags.

### Regional Trips

Spend three to four nights away somewhere a few hours from home.

**Keep it girl-led:** girls plan key details of the trip, such as the activities, the budget, the route, and lodging.

(Extended trip insurance required.)

### National Trips

Travel the country! Trips often last a week or more. Girls should think beyond a typical vacation location and consider historical sites, museums, or national parks!

**Keep it girl-led:** girls lead the entire planning process and might add a community service or Take Action project.

(Extended trip insurance required.)

### International Trips

Travel the world! These life-changing trips usually take one to three years to prepare. Consider visiting a WAGGGS World Centre!

**Keep it girl-led:** girls download the Global Travel Toolkit and plan their entire trip (including learning about the language, culture, passports and visas, exchange rates, etc.).

(Extended trip insurance required.)

### Independent Travel

Cadette, Senior, and Ambassador girls with travel experience can travel nationally or internationally independently through council-offered travel opportunities or GSUSA's Destinations program. Check with your council, or visit the Girl Scout Destinations website!

Check with your council about age requirements. Girls should have experience at every level of the progression before moving on to the next level. For regional travel, girls must be Juniors or older.

For national and international trips, girls must be Cadettes or older.

When moving up to each level of the progression, consider girls' independence, flexibility, decision making, group skills, and cross cultural skills.



## Session 3 Activity

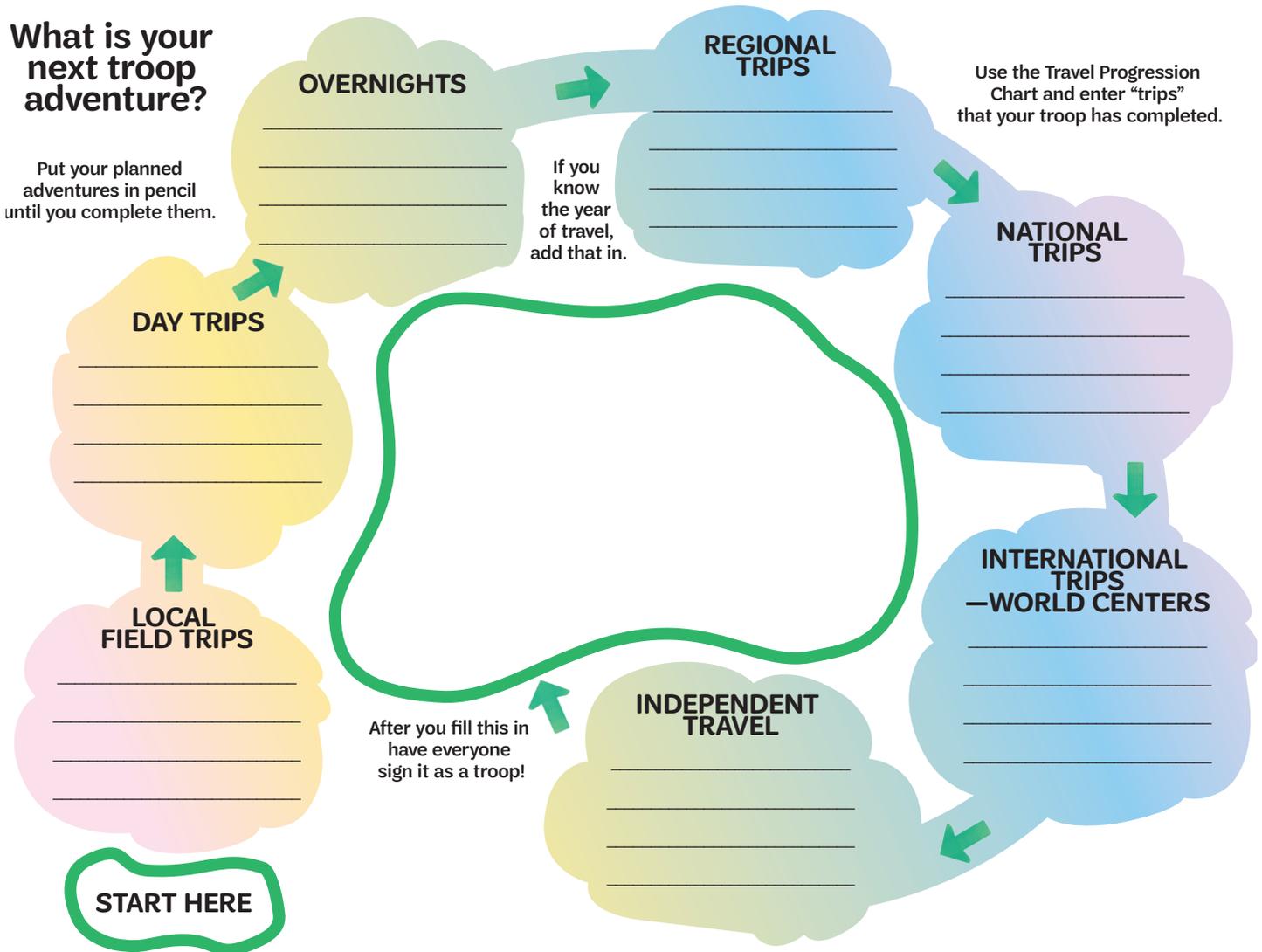
### Troop Travel Tracker

Work with your troop to complete the “Troop Travel Tracker” below. After you have filled it in and agreed as a troop, be sure to have everyone sign!

Refer back to the Travel Progression Chart from Session 2. Use that alongside the Troop Travel Tracker. You will now fill in the Troop Travel Tracker. Start by listing trips you have already taken. If your troop has already gone on some day trips and overnight or weekend trips, your next trip should be a regional trip: a trip that is three or more nights long and within a few hours’ drive from your home. If your troop has already taken a regional trip, you can move on to a national trip! Once you take your national trip, you’ll be ready for your international trip to one of the World Centers! Where will you choose to go?

### What is your next troop adventure?

Put your planned adventures in pencil until you complete them.



## **Step 2: Whose Travel Adventure Is This?**

Watch our video about how girls lead the planning of Girl Scout trips.

Discuss: What surprised you about this? Why is it important for girls to lead trip planning?

## **Step 3: How Do We Decide Where to Go Next?**

Watch the video about how to work as a troop to decide where to travel.

Discuss: What process will your troop use in your next meeting to vote on your next two trips? What are the guidelines?

## **Step 4: Wrapping It Up**

Discuss: Do you feel ready for your next meeting? What questions do you have?

Homework: Based on the process you've agreed on, come prepared with your pitch for your troop's next two trips.



## **Meeting 4: Activate Your Adventure!** Decide where to travel and start planning.

### **Introduction**

During Meeting 4, you'll decide where your troop will travel on your next regional or domestic trip as well as your eventual trip to a World Center!

### **Icebreaker**

Briefly go around and share one interesting fact about the place you want to travel without actually naming the place. (You'll let everyone know later—keep it a mystery for now!)

### **Materials Needed**

Use 14 and 16-17 of this workbook. Fill out two copies of the Trip Planning Map—one for each of your upcoming trips—and start work on them today. You can fill in these pages electronically (save the trees!) or print them and grab a pen.

### **Step 1: Pitch Time!**

It's time to pitch and vote on your upcoming trips! Try to set some time limits, but this may have to be flexible, depending on the size of your troop and how many trips you're planning. By the end of this time, agree on an upcoming regional or domestic trip and on which World Center you'll visit! Once you decide, fill in the plans on your Troop Travel Tracker.

### **Step 2: How Will You Get There?**

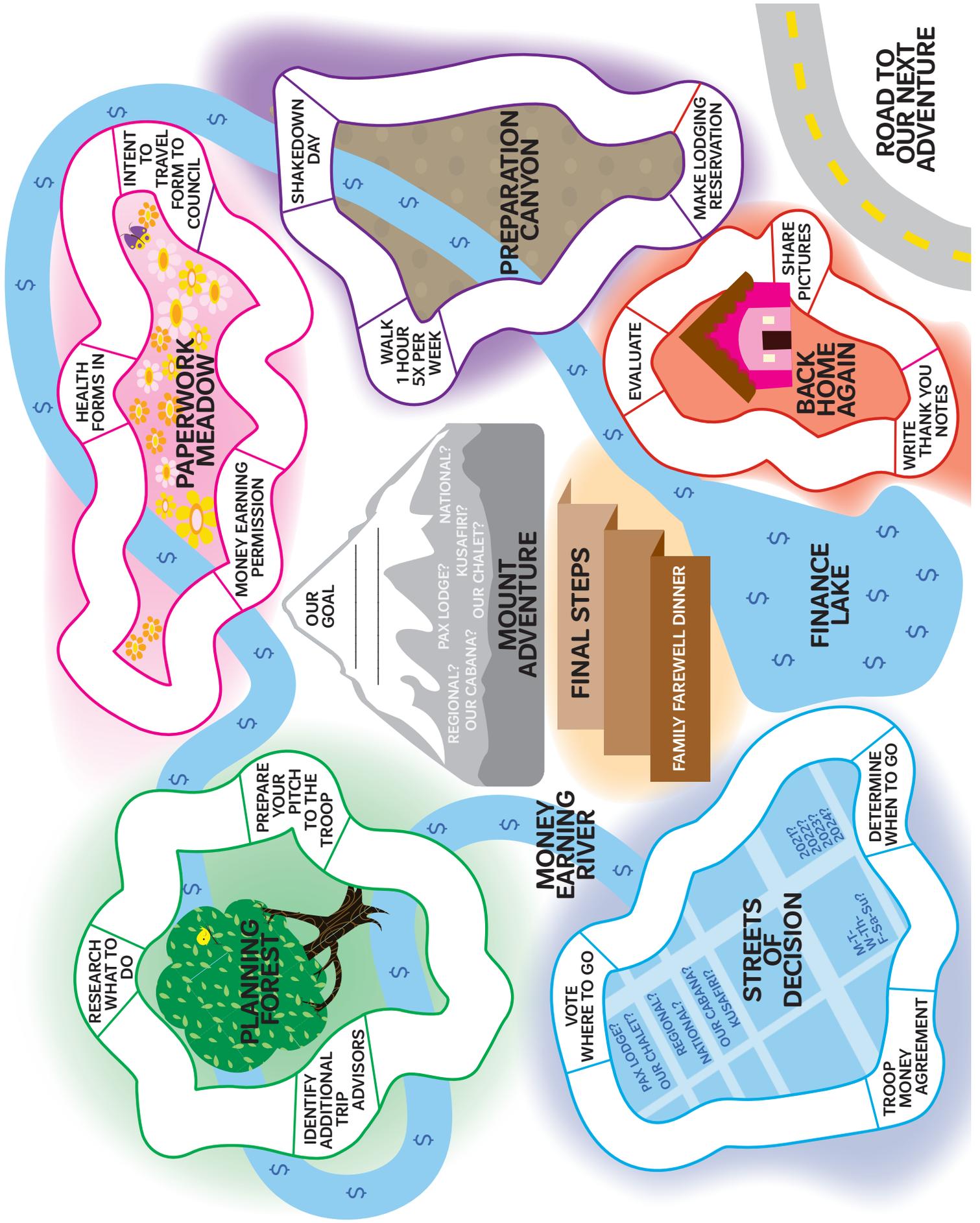
Watch our video about what you'll need to do to plan and prepare for your trip.

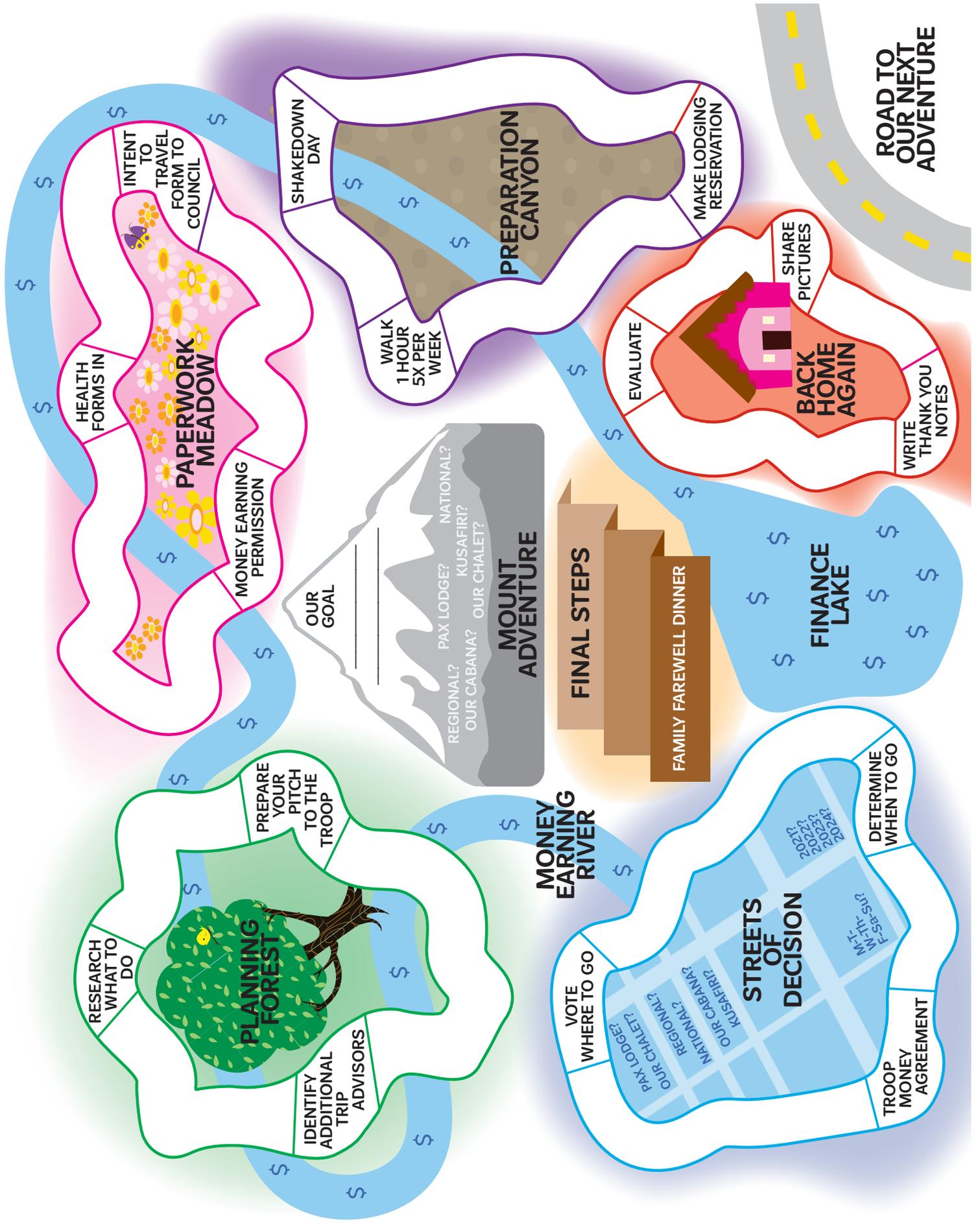
Discuss: Talk as a group about your money-earning strategies and plans. How will you create a budget? What money-earning ideas do you have now that you can pitch to your council?

### **Step 3: Wrapping It Up**

Homework: As individuals, research and make a list of some of the tasks you think you need to include on your Trip Planning Maps. At your next meeting, work as a team to add these tasks to your Trip Planning Maps. You can read about some of the tasks in these resources:

- [Girl Scout Guide to U.S. Travel](#)
- [Global Travel Toolkit](#)





RESEARCH WHAT TO DO

PLANNING FOREST

IDENTIFY ADDITIONAL TRIP ADVISORS

PREPARE YOUR PITCH TO THE TROOP

HEALTH FORMS IN

INTENT TO TRAVEL FORM TO COUNCIL

PAPERWORK MEADOW

MONEY EARNING PERMISSION

OUR GOAL

REGIONAL? OUR CABANA? KUSA FIR? NATIONAL? OUR CHALET?

MOUNT ADVENTURE

FINAL STEPS

FAMILY FAREWELL DINNER

STREETS OF DECISION

MONEY EARNING RIVER

WHERE TO GO

VOTE  
PAX LODGE? OUR CHALET? NATIONAL? REGIONAL? OUR CABANA? KUSA FIR?

TROOP MONEY AGREEMENT

DETERMINE WHEN TO GO

SHARE PICTURES

BACK HOME AGAIN

EVALUATE

WRITE THANK YOU NOTES

WALK 1 HOUR 5X PER WEEK

SHAKEDOWN DAY

PREPARATION CANYON

MAKE LODGING RESERVATION

ROAD TO OUR NEXT ADVENTURE

## Meeting 5: Travel Like a Girl Scout! How to travel like a Girl Scout and which next steps to take.

### Introduction

During Meeting 5, you'll learn what makes a Girl Scout trip unique and which next steps to take on the road to global travel!

### Icebreaker

What do you think it means to "travel like a Girl Scout?"

### Materials Needed

Use page 19 of this workbook. You'll also fill out more steps on the Trip Planning Map today. You can fill in these pages electronically (save the trees!) or print them and grab a pen.

### Step 1: Travel Like a Girl Scout

Some things make traveling as a Girl Scout different than traveling with your family or with your school.

Work as a troop to complete the following worksheet.

What makes a "Girl Scout" trip?      How we can do this on our trips?

Girl-planned/girl-led	
Meeting other Girl Scouts/Girl Guides	
Representing yourself, your council, Girl Scouts, and the United States	
Community service projects or Take Action projects <i>(You could even complete a Take Action project in your own community, after you come home, based on what you learn traveling!)</i>	
Responsible travel (eco-friendly travel, making sure to Leave No Trace, etc.)	

As a group, review the [Responsible Travel Tips](#) from the Center for Responsible Travel.

Discuss: Which of these tips is new to you?

## **Step 2: Our Trip Planning Maps**

Take time as a troop to fill in your maps with the tasks you'll need to complete.

## **Step 3: Wrapping It Up**

Discuss: How ready do you feel to start planning your trips? (Note: Your council may have additional training and resources for you as you explore the details.)

Homework: Troop leaders should contact their councils to let them know about the trip planning and to find out what the next steps are for your council.

Congratulations! You're now officially on your way to global travel!