DAY CAMP PACKING LIST

Pack everything into a backpack labeled with Camper's name. DO NOT OVERPACK! (Your camper will be responsible for carrying and keeping up with all their items at camp.)

You will need a Zip lock Bag for each the following:

- ✓ **Zip lock bag #1:** Medications & signed Medication Form-(medications must be in original bottle and name must match camper) **Must be turned in at Check-In on first day of camp session.**
- ✓ **Zip lock bag #2:** Insect repellant and sunscreen (clearly labeled with girl's name on each item). **Must be acknowledged in at Check-In.**

MARK EVERYTHING WITH CAMPER'S NAME!

Required	Optional
☐ Backpack to carry items in	☐ Hair Brush (after pool)
☐ Medication form & prescriptions	☐ Face mask
☐ Bathing Suit – one-piece or modest two-piece that covers the stomach	☐ Light jacket or sweatshirt/hoodie
	☐ Sunglasses
☐ Swim towel	☐ Swim Goggles
☐ Ponytail holders for long hair	☐ Swim Cap
☐ Raincoat or poncho (as needed)	
☐ Hat or bandanna – to prevent sunburn on scalp/face	
☐ Headscarf, if desired	
☐ Sunscreen (waterproof/sweat-proof, spray preferred)	
☐ Insect Repellant, spray preferred	
☐ Reusable water bottle	
☐ Menstrual supplies as needed	
☐ Lunchbox – needed daily*	

*While lunches are not required for cooking-themed weeks, the food Girl Scouts prepare may contain common allergens such as dairy, eggs, and gluten. Girl Scouts sensitive to these restrictions can still participate but may not be able to sample the food that is prepared. If your Girl Scout plans to participate, but unable to sample, please pack her with an appropriate lunch/snack.

HOW SHOULD I DRESS FOR CAMP?

- Shorts (at least a 3-inch inseam)
- T-shirt (must cover shoulders)
- Ankle-covering socks (to be always worn except at pool).
- Close-toed shoes, closed-back, solid body sneakers. (Crocs DO NOT count)

DO NOT SEND:[14]

- Cell phones, electronic devices, smart watches, tablets, etc.
- Money- there is no place to spend it
- Jewelry- risk of loss or damage
- Inappropriate clothing (midriff, halters, tube tops, or clothing related to alcohol, drugs, or that contributes to an exclusive environment for other campers).
- Perfume or essential oils
- Tobacco, electronic cigarettes, alcoholic beverages, other drugs, firearms, and fireworks-all strictly prohibited.

[14]ACA AD.16.1