


DAY CAMP PACKING LIST

Pack everything into a backpack labeled with Camper's name. DO NOT OVERPACK!
(Your camper will be responsible for carrying and keeping up with all their items at camp.)

You will need a Ziptop bag for each the following:

- **Ziptop bag #1:** Medications & signed Medication Form-(medications must be in original bottle and name must match camper) **Must be turned in at Check-In on first day of camp session.**
- **Ziptop bag #2:** Insect repellent and sunscreen (clearly labeled with girl's name on each item). **Must be acknowledged in at Check-In.**

MARK EVERYTHING WITH CAMPER'S NAME!

Required	Optional
<input type="checkbox"/> Backpack to carry items in	<input type="checkbox"/> Hair Brush (after pool)
<input type="checkbox"/> Medication form & prescriptions	<input type="checkbox"/> Light jacket or sweatshirt/hoodie
<input type="checkbox"/> Bathing Suit – one-piece or modest two-piece that covers the stomach	<input type="checkbox"/> Sunglasses
<input type="checkbox"/> Swim towel	<input type="checkbox"/> Swim Goggles
<input type="checkbox"/> Ponytail holders for long hair	<input type="checkbox"/> Swim Cap
<input type="checkbox"/> Raincoat or poncho (as needed)	 Highlighted items can be purchased at the GSNETX shop.
<input type="checkbox"/> Hat or bandanna – to prevent sunburn on scalp/face	
<input type="checkbox"/> Headscarf, if desired	
<input type="checkbox"/> Sunscreen (waterproof/sweat-proof, spray preferred)	
<input type="checkbox"/> Insect Repellent, spray preferred	
<input type="checkbox"/> Reusable water bottle	
<input type="checkbox"/> Menstrual supplies as needed	
<input type="checkbox"/> Lunchbox – needed daily*	

HOW SHOULD I DRESS FOR CAMP?

- Shorts (at least a 3-inch inseam)
- T-shirt (must cover shoulders)
- Ankle-covering socks (to be always worn except at pool).
- Close-toed shoes, closed-back, solid body sneakers. **(Crocs DO NOT count)**

DO NOT SEND:¹⁴

- Technology (cell phones, tablets, computers, iPods, e-readers, cell phone watches, or similar electronic devices) - strictly prohibited
- Money- there is no place to spend it
- Jewelry- risk of loss or damage
- Inappropriate clothing (midriff, halters, tube tops, or clothing related to alcohol, drugs, or that contributes to an exclusive environment for other campers).
- Perfume or essential oils
- Tobacco, electronic cigarettes, alcoholic beverages, other drugs, firearms, and fireworks-all strictly prohibited.

¹⁴ACA AD.16.1