



Overview

The Pajamas for Seniors Patch Program helps girls improve the quality of life for residents of nursing homes, retirement communities, assisted living and adult day care facilities. Girls will discover that they can make a difference in the lives of those in their community. These activities may be done as a troop, as a Juliette, or with your family at home.

Patch requirements are divided into three sections Discover, Connect and Take Action. The girls and adults are encouraged to do more or modify the activities to adapt them to the skill levels of the girls as needed.

- **Discover-** Learn about the nursing homes, retirement communities, assisted living and adult day care facilities in Northeast Texas
- **Connect-** Adopt a facility and or plan to host a collection drive for NEW Pajamas for Seniors
- **Take Action-** Make a difference by donating NEW pajamas and other needed items

To earn the patch girls should complete activities from each category of discover, connect and take action.

Once girls have completed the requirements, please complete the online reporting form [here](#) in order to be eligible for a free Pajamas for Seniors Patch. Only one entry per troop or Juliette is required.

***Remember, keeping girls safe is our first priority.
Girls should never be alone with facility staff, volunteers or residents.***

Questions? Contact programs@gsnetx.org

Pajamas for Seniors Patch Requirements:

DISCOVER

- Learn more about facilities in Northeast Texas by researching ones that are near you.**

AND

- Visit the Pajamas for Seniors website to learn more about the need for pajamas and other essential items. pajamasforseniors.org**

Choose your CONNECT and TAKE ACTION

CONNECT

- Form a team and prepare to host a pajama drive.**
 - Connect with girls in your troop and members of your community**
 - Make flyers and posters to spread the word. See flyer on next page or use patch image from first page.**

TAKE ACTION

- Host a collection drive for NEW Pajamas for Seniors.**
 - Collect 2 pairs of NEW Pajamas per Girl Scout.**
 - Consider personalizing your donations with ribbon, handmade cards or notes.**
 - Pajamas may be dropped off at any GSNETX Service Center during the month of December or at a designated drop off location listed at pajamasforseniors.org**

CONNECT

- Adopt a facility in your community.**
 - Reach out to the facility's Activity Director to learn more about the needs of the residents.**
 - Before planning any activity be sure to get approval from the Activity Director at your facility.**

TAKE ACTION

- Provide your facility with some of the resident's needs and wants.**
 - Deliver NEW pajamas of different sizes**
 - Consider one or more of the following:**
 - Make handmade holiday cards for residents**
 - Create holiday door wreathes**
 - Collect and deliver holiday decorations**
 - Create a holiday song book for residents**
 - Deliver holiday snacks or treats for residents**
 - Make welcome cards for new residents**
 - Create welcome packets with toiletries or other essential items**
 - Create a welcome banner or door signs**
 - Deliver welcome snacks or treats for new residents**



PAJAMAS FOR SENIORS

We need your help!

Our goal is to collect 2,500 pairs of “new pajamas” which will be donated to Low Income Seniors in Medicaid Nursing Homes during the month of December.

Needed: Men’s & Women’s Sizes Sm-6X

Donate “New” Pajamas Now!



www.pajamasforseniors.org

Pajamas for Seniors is a 501(c)3 Nonprofit



PAJAMAS FOR SENIORS



“Helping needy seniors with something so simple, yet so meaningful”.

Founder Jo Alch, R.N.



Pajamas for Seniors is a 501c3 nonprofit organization providing pajamas to low income seniors.

Did you know that many seniors receive as little as \$60 a month for their basic necessities? Many arrive to nursing homes wearing only a nursing gown. You can help by donating today at pajamasforseniors.org Follow us on Facebook!