


6 Certifying Providers

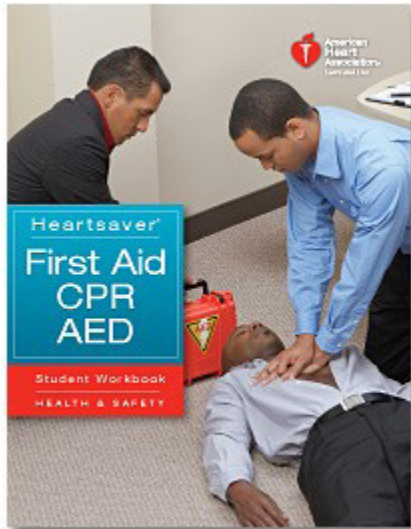
WHO	American Heart Association (AHA)	American Red Cross (ARC)	Medic First Aid	National Safety Council (NSC)	Emergency Care & Safety Institute (ECSI)	American Safety & Health Institute (ASHI)
COURSE	Heartsaver First Aid, CPR, AED	First Aid, CPR AED	Basic Plus V7.0 (G2010)	NCS First Aid, CPR & AED	First Aid, CPR AED	G2010 Combo (CPR, AED, BFA)
LENGTH	4+ hours	7 hours (includes adult, child & infant courses)	4-5 hours	4-5 hours	4-4.5 hours	4-5 hours
RATIO (participant : instructor)	12:1	10:1	12:1	15:1	10:1	12:1
RATIO (participant : manikin)	3:1 (or less)	3:1 (or less)	3:1 (or less)	3:1 (or less)	3:1 (or less)	3:1 (or less)
CERTIFICATION GOOD FOR	2 years	2 years	2 years	2 years	2 years	2 years
CONTACT	Visit them online! Find a local instructor 1 (800) 242-8721	Find a local instructor Ask for a referral	Visit them online! Find a local instructor 1 (800) 447-3177	Visit them online! Find a local instructor 1 (800) 621-7615	Visit them online! Find a local instructor 1 (800) 716-7264	Visit them online! Find a local instructor 1 (800) 447-3177

Certified Card Crib Sheet

American Heart Association

HEARTSAVER FIRST AID CPR AED		HEARTSAVER FIRST AID CPR AED	
Heartsaver® First Aid CPR AED  American Heart Association		Training Center Name: SAVE A LIFE TO: TX 5110 3044 Old Denton Road #111-162 Carrollton, Texas 75007 Phone: 972-673-0949	
This card certifies that the above individual has successfully completed the objectives and skills evaluations in accordance with the curriculum of the AHA Heartsaver First Aid CPR AED Program. Optional completed modules are those NOT marked out: Child CPR AED Infant CPR Written test		TC Info: <i>Andrew Lewis</i> Course Location: <i>Heartbeat</i> Instructor Name: <i>Heartbeat</i> ID #: <i>972-733-4936</i> Holder's Signature: <i>972-733-4936</i>	
Issue Date	Recommended Renewal Date	© 2011 American Heart Association Tampering with this card will alter its appearance. 80-1815	

Strike through the modules **NOT** completed.
 This card contains unique security features to protect against forgery.

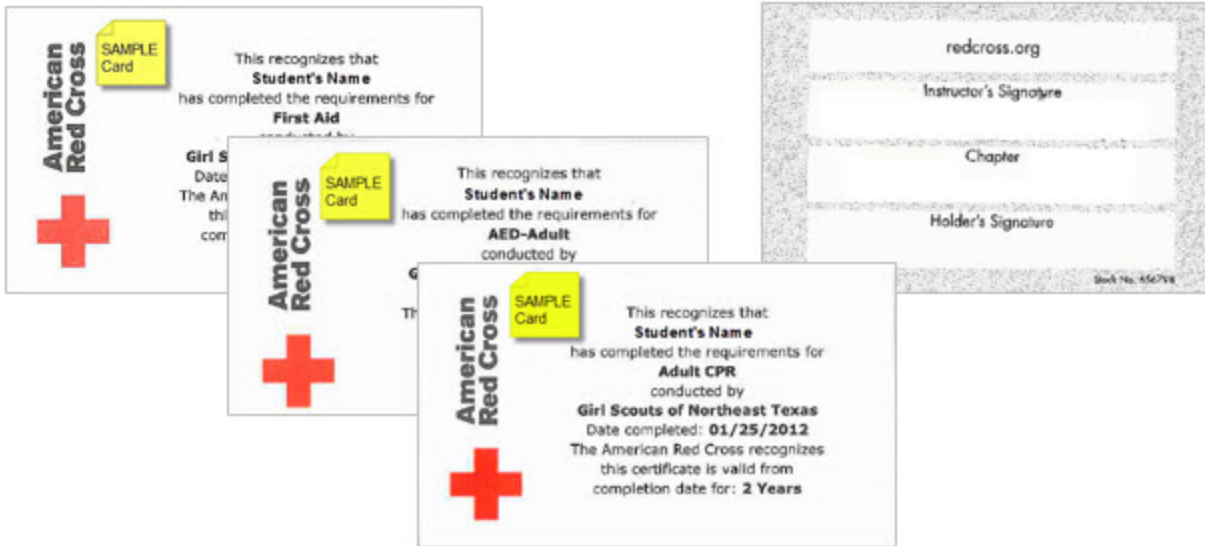


(student workbook)



(you can combine First Aid & CPR AED certifications)

American Red Cross



(you can combine First Aid & CPR AED certifications)



Adult First Aid/CPR/AED READY REFERENCE



(student workbook)

Medic First Aid

(adults)

OR

(children, infants and adults)

Certification Card BasicPlus G2010
CPR, AED, and First Aid For Adults

has successfully completed and competently performed the required knowledge and skill objectives for this program.

MEDIC First Aid

Authorized Instructor (Print Name)

Registry No.

Class Completion Date Expiration Date

Training Center Phone No. Training Center I.D.

This card certifies the holder has demonstrated the required knowledge and skill objectives to a currently authorized MEDIC First Aid instructor. Certification does not guarantee future performance, or imply licensure or credentialing. Course content conforms to the 2010 AHA Guidelines for CPR and ECC, and other evidence-based treatment recommendations. Certification period may not exceed 24 months from class completion date. More frequent reinforcement of skills is recommended.

Certification Card PediatricPlus G2010
CPR, AED, and First Aid for Children, Infants, and Adults

has successfully completed and competently performed the required knowledge and skill objectives for this program.

MEDIC First Aid

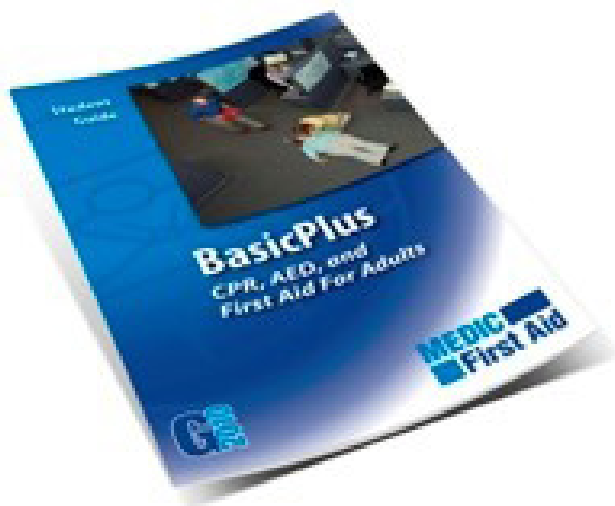
Authorized Instructor (Print Name)

Registry No.

Class Completion Date Expiration Date

Training Center Phone No. Training Center I.D.

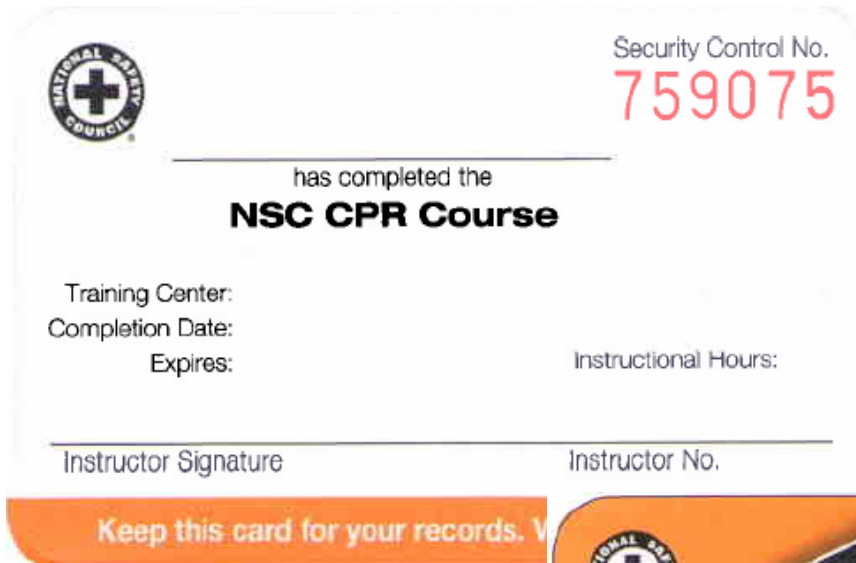
This card certifies the holder has demonstrated the required knowledge and skill objectives to a currently authorized MEDIC First Aid instructor. Certification does not guarantee future performance, or imply licensure or credentialing. Course content covers all age groups and conforms to the 2010 AHA Guidelines for CPR and ECC, and other evidence-based treatment recommendations. Certification period may not exceed 24 months from class completion date. More frequent reinforcement of skills is recommended.



(student workbook)

National Safety Council

(front)



The front of the certificate features the National Safety Council logo in the top left corner. In the top right, it displays the Security Control No. 759075 in red. The main text states that a blank line has completed the NSC CPR Course. Below this, there are fields for Training Center, Completion Date, Expires, and Instructional Hours. At the bottom, there are lines for the Instructor Signature and Instructor No. An orange banner at the bottom left reads "Keep this card for your records. V".

Security Control No.
759075

_____ has completed the
NSC CPR Course

Training Center: _____
Completion Date: _____
Expires: _____ Instructional Hours: _____

Instructor Signature Instructor No.

Keep this card for your records. V

(back)

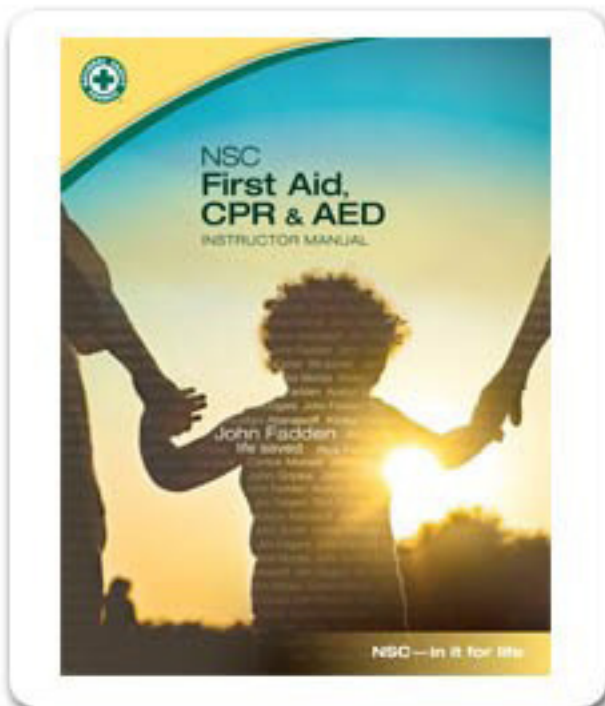


The back of the certificate features the National Safety Council logo in the top left corner. It lists more life-saving courses from NSC: NSC First Aid, CPR & AED; NSC First Aid; and NSC Bloodborne & Airborne Pathogens. At the bottom, it features the slogan "NSC—in it for life™" and the website "nsc.org/fatraining".

More life-saving courses from NSC

- NSC First Aid, CPR & AED
- NSC First Aid
- NSC Bloodborne & Airborne Pathogens

NSC—in it for life™ nsc.org/fatraining



(student workbook)

Emergency Care & Safety Institute

(front)

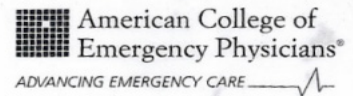
ECSI
EMERGENCY CARE
& SAFETY INSTITUTE

has successfully completed the knowledge and skill evaluations for the
Emergency Care & Safety Institute Course

Completion Date: Recommended Renewal Date:

Educational Center: Phone: Instructor:

(back)

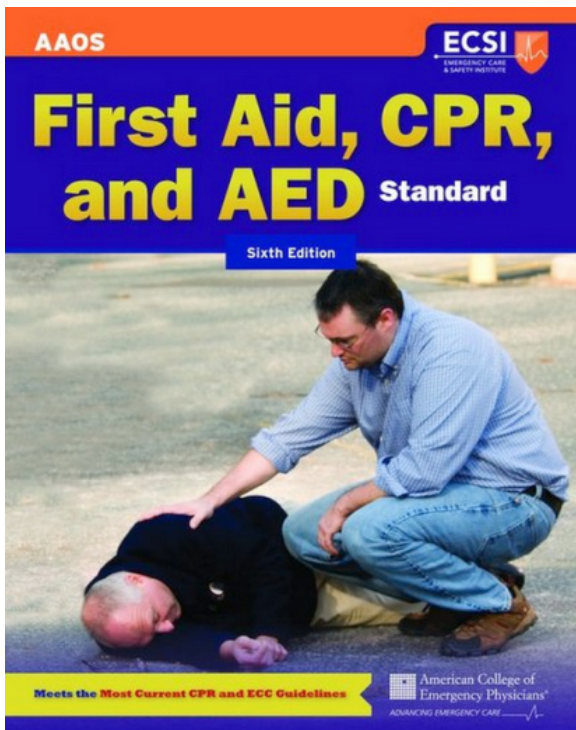


This card does not guarantee future performance or suggest any form of licensure. Skills deteriorate rapidly when not used. Periodic retraining is strongly recommended.

This ECSI course meets the most current international consensus guidelines on cardiopulmonary resuscitation (CPR) and emergency cardiac care (ECC).

ECSI phone number: (800) 71-ORANGE

www.ECSInstitute.org



(student workbook)

American Safety & Health Institute



ASHI-Approved Certification Card

Authorized Instructor (Print Name) _____

Registry No. _____

Class Completion Date _____ Expiration Date _____

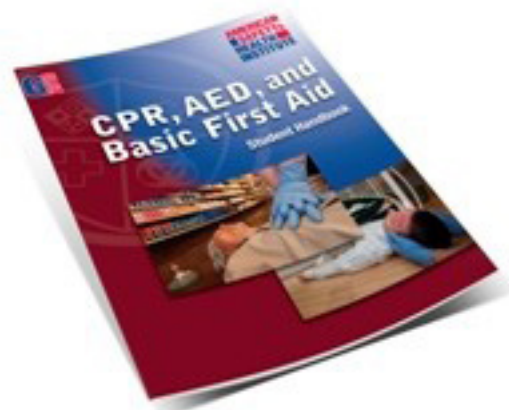
Training Center Phone No. _____ Training Center I.D. _____

This card certifies the holder has demonstrated the required knowledge and skill objectives to a currently authorized ASHI Instructor. Certification does not guarantee future performance, or imply licensure or credentialing. Course content conforms to the 2010 AHA Guidelines for CPR and ECC, and other evidence-based treatment recommendations. Certification period may not exceed 24 months from class completion date. More frequent reinforcement of skills is recommended.



(you can combine First Aid & CPR and AED certifications)

(student workbook)



Questions to ask before booking a FIRST AID/CPR/AED Provider

1. *Are they currently a certified instructor from one of the organizations on our approved list of providers?*
 - a. Ask to see their authorized instructor provider card.
 - b. Call the agency to verify they are an authorized provider for that organization.

2. *Will the course cover:*
 - a. Adult & Child CPR
 - b. AED
 - c. First Aid for adults and children

3. *What is the participant to instructor ratio?*
 - a. 15 or less to 1 instructor would be ideal, 20 to 1 would be max number

4. *How many participants to manikins?*
 - a. 3 to 1 ratio or less is recommended

5. *What is the length of the course?*
 - a. CPR for adult & child & AED should be about 3-4 hours
 - b. First Aid should be about 1 ½ hours.

6. *What does the certification card for students look like – can you see a sample?*
 - a. There are lots of CPR classes available on the internet. Unfortunately, many of these are an internet scam. In order to receive a valid CPR certification card, you need to be in a classroom with a certified instructor and practice on manikins.
 - b. Certified Instructors are required by their sponsoring organization to pay for the course materials, purchase the Authorized Cards, and pay an Authorized Provider fee for each student taught.
 - c. BEWARE of any “Authorized Provider” who is creating and distributing their own cards. Make sure the card looks like one of the cards on our [Authorized Provider Card Chart](#).
 - d. We have heard of many students paying \$40- \$60 for a CPR course which was advertised as “AHA compliant” or “Following AHA Guidelines” but they were not issued AHA cards at the completion of the class, resulting in them having to take a real CPR class all over again. Make sure that the card looks like one of the cards on our approved providers list.

7. *How much does the course cost?*

The cost of a CPR/AED/First Aid course can vary depending on the instructor, materials provided and location. \$40 - \$60 is an average cost.

8. *If GSNETX doesn't take your certification, can I get my money back?*

Before you pay for and take a class check with the instructor or authorized provider concerning their refund policy.

Other Frequently Asked Questions:

What does the term “first aider” mean in the Girl Scout / GSNETX context?

A “first aider” is someone who has the appropriate First Aid/CPR/AED certificate. It can be one person with all the certifications or 2 persons – one with the CPR/AED certification and one with First Aid certification.

Why can't I take a CPR/First Aid course online?

GSUSA/ GSNETX does not accept certifications from online courses. An online CPR or First Aid class does not provide the necessary hands on opportunity to learn and practice the skills in the course.

What's the difference between a “skills course” and an “instructor led course”?

A skills course is generally reserved for those students who are currently still certified and are refreshing and re-certifying, if the

What is the difference between the “Adult CPR/AED” class and “CPR/AED for the Professional Rescuer”?

The “Adult CPR/AED” class is for the general public. “CPR/AED for the Professional Rescuer” is for individuals who have a job-related duty to respond to emergencies, such as lifeguards, nurses, doctors, and firefighters.

What is the difference between a Level 1 & a Level 2 First Aider mentioned in GSNETX Volunteer Policies and Procedures?

A level 1 first aider is someone who has taken the standard or basic CPR/AED/First aid course by one of the approved providers. A level 2 first aider is someone who has taken advanced CPR/AED/First aid such as a nurse, doctor, paramedic or life guard.

When is a Level 1 First Aider needed?

See Safety Activity Checkpoints to verify for your particular activity. Usually, a level 1 first aider is required when the location of the activity is less than 30 minutes from an EMS response station (fire station, hospital, ambulance)

When is a Level 2 First Aider needed?

See Safety Activity Checkpoints to verify for your particular activity. Usually, a level 2 first aider is required when the EMS is located 30 minutes or more from the activity, or more than 200 persons are participating in the activity.

What courses are required for Level 2 First Aid?

A level 2 first aider is someone who has an advanced level of CPR/AED/First Aid such as a lifeguard, paramedic, nurse doctor or someone who has taken the extended course – usually 16 or more hours of instruction such as Wilderness First Aid. A person happens to have a level 2 certification can be used to satisfy the requirement for a level 1 first aider.

What is an AED?

An AED is a portable device used to bring the heart back to normal rhythm for people who are in cardiac arrest. The AED will automatically analyze and if needed shock the patient in order to restore normal heart rhythm.

Can being a Nurse, Nurse Practitioner, Physician Assistant or Physician take the place of the required training?

Partially; a copy of their current medical license can replace the First Aid portion of the training. Additionally, a current CPR certification from an approved provider should be presented along with the medical license as documentation.

Can being a Dentist or Dental Hygienist take the place of the required training?

No; Dental professionals they must take one of the approved provider certifying courses.

What does it mean when a company says they are AHA Compliant or follow the latest guidelines from the American Heart Association for CPR training? Does it mean that they are an American Heart Association affiliate or approved?

Answer Part 1: The answer is "no." Allow us to explain further. The American Heart Association acts as the American liaison to the International Liaison Committee on Resuscitation (ILCOR). It is the AHA's responsibility to communicate the international committee's findings to **ALL** U.S. training companies so they can model their curriculum after the latest consensus guidelines. Guidelines for performing CPR have changed in recent years, with new recommendations for compression/breath ratios and hands-only CPR for lay rescuers. The most recent change occurred in 2010.

[AHA Guidelines](#)

Answer Part 2: The American Heart Association *communicates the guidelines* from ILCOR for CPR training, and so these guidelines are the "gold standard" that any respectable CPR trainer should follow, however, the AHA does not take on the responsibility of reviewing or approving other organization's curricula. This is a common misconception about CPR certification cards. In fact, the American Heart Association acts as a competitor in the marketplace by selling its own training and certification card. Understand that all of the organizations on our approved provider list are following AHA guidelines, but only one of them is actually AHA. More importantly, not all organizations claiming to follow AHA Guideline are GSUSA/GSNETX approved providers.

Ten Other Reasons to take CPR or First-Aid Training

- 1) Accidental injuries are the leading cause of death in children, and send over 16 million children a year to the emergency room.
- 2) After someone stops breathing, or the heart stops beating, he or she can survive for only 4 to 6 minutes before lack of oxygen results in brain damage or death. CPR can buy extra time for your loved one, until professional help can arrive, by artificially circulating oxygen to the brain.
- 3) Statistics show that the earlier CPR is initiated, the greater the chance of survival. The American Heart Association estimates that 100,000 to 200,000 lives of adults and children could be saved each year if CPR was performed early enough.
- 4) Over 70% of all cardiac and breathing emergencies occur in the home when a family member is present and available to help a victim.
- 5) Over 1.5 million heart attacks occur each year and approximately 350,000 of these victims die before ever reaching a hospital.
- 6) Re-training and retention of CPR learning is a major requirement. Studies have shown that memory of CPR skills and knowledge tends to deteriorate as early as three months after training, among highly trained professionals, including: doctors, nurses, and others.
- 7) Approximately 7 million adults and children suffer from disabling injuries in their own homes and backyards each year, resulting from accidents that may require CPR, according to the American Heart Association. Some of the common causes of "sudden death" include: Electric Shock, Heart Attacks, Drowning, Severe Allergic Reactions, Choking, Drug Overdose, and Suffocation.
- 8) The country's #1 killers: a combination of heart attacks and accidents, claim a life every 34 seconds in the U.S.
- 9) One in 6 men and one in 8 women over the age of 45 have had a heart attack or stroke according to the American Heart Association.
- 10) Approximately 45% of all heart attacks occur in people under age 65.